

Update in medicine



6 June 2024 | Birmingham

CPD code:*****

6 CPD
credits

08:15 Registration and refreshments

09:15 Welcome and introduction

Session 1

09:25 **The evidence for physical activity in the perioperative period**
Dr David Whittaker, consultant in sport and exercise medicine,
Homerton University Hospital NHS Foundation Trust

09:55 **Type 1 diabetes and exercise**
Dr Alistair Lumb, consultant in diabetes and acute general medicine,
Oxford University Hospitals NHS Foundation Trust

10:25 **Sudden cardiac death from exercise**
Professor Sanjay Sharma, professor of cardiology,
St George's University Hospitals NHS Foundation Trust

10:55 **Panel Q&A**

11:10 **Comfort break**

Session 2

11:40 **Immunology – mast cell activation or immune consequences
of checkpoint inhibitors**
Dr Richard Baretto, consultant immunologist, Birmingham Heartlands Hospital

12:15 **Climate change and its impact on neurological conditions**
Professor Sanjay Sisodiya, professor of neurology, University College London

12:50 **President's update**

Programme



13:00 Lunch

Turner-Warwick lectures

14:00 Chair – Professor Cathryn Edwards, RCP registrar

14:10 **Turner-Warwick lecture – Oxford and Thames Valley**
The cost-of-living crisis and poverty-associated diabetes in the UK
Dr Rhea Saksena, NIHR academic clinical fellow in diabetes and endocrinology, Oxford University Hospitals NHS Foundation Trust

14:25 **Turner-Warwick lecture – West Midlands**
Enhanced support programme to improve transitioning of IMGs to the NHS
Dr Roopa Chopra, senior clinical fellow, the Royal Wolverhampton NHS Trust

Turner-Warwick plaque presentations

14:40 Comfort break

Session 4

15:00 **Cystic fibrosis in the post-modulator era**
Dr Joanna Whitehouse, consultant in general respiratory medicine, University Hospitals Birmingham NHS Foundation Trust

15:35 **Updates in stroke medicine for the acute physician**
Dr Rayessa Rayessa, consultant stroke physician, Hull and East Yorkshire Hospitals NHS Trust

16:15 **Non-alcoholic fatty liver disease**
Dr Rebecca Harris, academic clinical lecturer, Nottingham University Hospitals NHS Trust

16:50 Closing comments

16:55 Close of conference

Please note this programme may be subject to change.

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Your regional representatives in the West Midlands region

Regional advisers

Dr Sarah Bowater
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Dr Nwe Ni Than

New Consultants Committee

Vacancy *

SAS Regional Representatives Network

Dr Muhammad Azam

Trainees Committee

Dr Duncan Street

Student and Foundation Doctor Network

Vacancy *

* If you are interested in the above vacancies, please get in touch.

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